

**Psychiatric University Hospital Zurich, Division of Clinical Psychiatry**

**GLOBAL ASSESSMENT OF FUNCTIONING SCALE**

**G A F**

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<b>STUDY</b>	[ _ _ _ _ ]	1-4
<b>GROUP</b>	[ _ _ ]	5-6
<b>PATIENT</b>	[ _ _ _ ]	7-9
<b>RATING DAY</b>	[ _ _ _ ]	10-12
<b>CARD NUMBER</b>	[ _ _ ]	13-14
Sex (1=male, 2=female)	[ _ ]	15
Birthday (dd.mm.yyyy)	[ _ _ : _ _ : _ _ _ _ ]	16-23
Date of hospitalization (dd.mm.yyyy)	[ _ _ : _ _ : _ _ _ _ ]	24-31
First diagnosis	[ _ _ _ . _ _ ]	32-36
Second diagnosis	[ _ _ _ . _ _ ]	37-41
Diagnostic system (1=ICD9, 2=ICD10, 3=DSM3-R, 4=DSM4)	[ _ ]	42
Age at onset	[ _ _ ]	43-44
Course (1=first manifestation, 2=intermittent, 3=progreident, 4=chronic)	[ _ ]	45
Duration of Current Episode Prior to Hospitalization (days)	[ _ _ _ ]	46-48
Medication Prior to Hospitalization (0=none, 1=antidepr., 2=neuroleptics, 3=other)	[ _ ]	49
Current Medication (cf. list of codes)	[ _ _ _ ]	50-52
Educational level (1=remedial, 2=junior high, 3=high, 4=college)	[ _ ]	53
<b>DATE</b> (dd.mm.yyyy)	[ _ _ : _ _ : _ _ _ _ ]	54-61
<b>INTERVIEWER</b>	[ _ _ _ ]	62-64
<b>HOSPITAL</b>	[ _ _ ]	65-66
<b>PATIENT ID</b> (the hospital's internal PID)	[ _ _ _ _ _ _ _ _ _ _ ]	67-78

Consider psychological, social, and occupational functioning on a hypothetical continuum of mental health-illness. Do not include impairment in functioning due to physical (or environmental) limitations. (Note: Use intermediate codes when appropriate, e.g., 45, 68, 72.)

- 100–91 Superior functioning in a wide range of activities, life's problems never seem to get out of hand, is sought out by others because of his or her many positive qualities. No symptoms.**
- 90–81 Absent or minimal symptoms** (e.g., mild anxiety before an exam), **good functioning in all areas, interested and involved in a wide range of activities, socially effective, generally satisfied with life, no more than everyday problems or concerns** (e.g., an occasional argument with family members).
- 80–71 If symptoms are present, they are transient and expectable reactions to psychosocial stressors** (e.g., difficulty concentrating after family argument); **no more than slight impairment in social, occupational, or school functioning** (e.g., temporarily falling behind in schoolwork).
- 70–61 Some mild symptoms** (e.g., depressed mood and mild insomnia) **OR some difficulty in social, occupational, or school functioning** (e.g., occasional truancy, or theft within the household), **but generally functioning pretty well, has some meaningful interpersonal relationships.**
- 60–51 Moderate symptoms** (e.g., flat affect and circumstantial speech, occasional panic attacks) **OR moderate difficulty in social, occupational, or school functioning** (e.g., few friends, conflicts with peers or co-workers).
- 50–41 Serious symptoms** (e.g., suicidal ideation, severe obsessional rituals, frequent shoplifting) **OR any serious impairment in social, occupational, or school functioning** (e.g., no friends, unable to keep a job).
- 40–31 Some impairment in reality testing or communication** (e.g., speech is at times illogical, obscure, or irrelevant) **OR major impairment in several areas, such as work or school, family relations, judgment, thinking, or mood** (e.g., depressed man avoids friends, neglects family, and is unable to work; child frequently beats up younger children, is defiant at home, and is failing at school).
- 30–21 Behavior is considerably influenced by delusions or hallucinations OR serious impairment, in communication or judgment** (e.g., sometimes incoherent, acts grossly inappropriately, suicidal preoccupation) **OR inability to function in almost all areas** (e.g., stays in bed all day, no job, home, or friends).
- 20–11 Some danger of hurting self or others** (e.g., suicide attempts without clear expectation of death; frequently violent; manic excitement) **OR occasionally fails to maintain minimal personal hygiene** (e.g., smears feces) **OR gross impairment in communication** (e.g., largely incoherent or mute).
- 10–01 Persistent danger of severely hurting self or others** (e.g., recurrent violence) **OR persistent inability to maintain minimal personal hygiene OR serious suicidal act with clear expectation of death.**
- 0 Inadequate information.**

**GAF-Score** [ \_ \_ \_ ] 73-75