

**Psychiatric University Hospital Zurich, Division of Clinical Psychiatry**

**FREIBURG PERSONALITY INVENTORY**

**F P I**

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<b>STUDY</b>	[ _ _ _ ]	1-4
<b>GROUP</b>	[ _ ]	5-6
<b>PATIENT</b>	[ _ _ ]	7-9
<b>RATING DAY</b>	[ _ _ ]	10-12
<b>CARD NUMBER</b>	[ _ _ ]	13-14
Sex (1=male, 2=female)	[ _ ]	15
Birthday (dd.mm.yyyy)	[ _ _ : _ _ : _ _ _ ]	16-23
Date of hospitalization (dd.mm.yyyy)	[ _ _ : _ _ : _ _ _ ]	24-31
First diagnosis	[ _ _ . _ ]	32-36
Second diagnosis	[ _ _ . _ ]	37-41
Diagnostic system (1=ICD9, 2=ICD10, 3=DSM3-R, 4=DSM4)	[ _ ]	42
Age at onset	[ _ _ ]	43-44
Course (1=first manifestation, 2=intermittent, 3=progreident, 4=chronic)	[ _ ]	45
Duration of Current Episode Prior to Hospitalization (days)	[ _ _ ]	46-48
Medication Prior to Hospitalization (0=none, 1=antidepr., 2=neuroleptics, 3=other)	[ _ ]	49
Current Medication (cf. list of codes)	[ _ _ ]	50-52
Educational level (1=remedial, 2=junior high, 3=high, 4=college)	[ _ ]	53
<b>DATE</b> (dd.mm.yyyy)	[ _ _ : _ _ : _ _ _ ]	54-61
<b>INTERVIEWER</b>	[ _ _ ]	62-64
<b>HOSPITAL</b>	[ _ ]	65-66
<b>PATIENT ID</b> (the hospital's internal PID)	[ _ _ _ _ _ _ _ _ ]	67-78



On the following pages you will find a series of statements about certain behaviors, attitudes and interests. Please respond to all these statements with “**yes**” or “**no**”, whatever appears to be most appropriate for you. Please note that there are no “right” or “wrong” responses, and that the responses proposed by the questionnaire may not be fully compatible with your standpoint. Some of the responses proposed by the questionnaire may also differ from your typical reactions. Despite such differences please mark *all items* in the respective “**yes**” or “**no**” fields “[ X ]” according to what appears to be most appropriate for you in this context.

**Important:** please do not think about personality traits that may be addressed through the statements of this questionnaire, nor try to find out what might be the most desirable responses. Simply give that **yes** or **no** answer that you spontaneously find as the most compatible with your standpoint.

<b>Card number</b>	1-12 dupl [ _ _ ] 13-14
	<b>yes   no</b>
1 I have difficulty finding the subjects to discuss when I want to get acquainted with someone	[ _   _ ] 15
2 I have frequent headaches	[ _   _ ] 16
3 I feel my heart at times beating in my neck	[ _   _ ] 17
4 I easily lose my temper but I recover again quickly	[ _   _ ] 18
5 I sometimes laugh at an off-color joke	[ _   _ ] 19
6 If I want to know something, I prefer to look it up in a book rather than to ask someone	[ _   _ ] 20
7 I blush or turn pale easily	[ _   _ ] 21
8 I can get so angry that I break something, for example dishes	[ _   _ ] 22
9 I feel a bit uneasy if people on the street or in shops are watching me	[ _   _ ] 23
10 I sometimes feel a pulsation or my heart beating in my veins	[ _   _ ] 24
11 If someone has been unjust to me, I wish him to be strictly punished	[ _   _ ] 25
12 I believe that one should return good for evil, and I also practice this belief	[ _   _ ] 26
13 I easily get dizzy and have black spots before my eyes if I get up fast from a lying position	[ _   _ ] 27
14 I daydream more often than is good for me	[ _   _ ] 28
15 I am wary of people who are more friendly than I anticipated	[ _   _ ] 29
16 If I have to, I will resort to physical force to defend my rights	[ _   _ ] 30
17 I can quickly bring a rather dull party to life	[ _   _ ] 31
18 I get embarrassed rather easily	[ _   _ ] 32
19 I don't mind if other people criticize me or my work	[ _   _ ] 33
20 I frequently have pins and needles or numbness in my hands, arms, legs, or they fall asleep	[ _   _ ] 34
21 I have a bad knack for dealing with people	[ _   _ ] 35
22 I sometimes feel rather miserable for no reason	[ _   _ ] 36
23 I sometimes get short of breath even without having done any hard work	[ _   _ ] 37
24 I have made many mistakes in life	[ _   _ ] 38
25 I sometimes have the feeling that others laugh at me	[ _   _ ] 39
26 I like tasks that call for quick action	[ _   _ ] 40
27 When I look back over my life, I am not very pleased about the share I got	[ _   _ ] 41
28 I frequently have a lack of appetite	[ _   _ ] 42
29 As a child, I enjoyed it when other kids were spanked by their parents or teachers	[ _   _ ] 43

<b>Card number</b>	1-12 dupl [ _ _ ] 13-14
	<b>yes   no</b>
30 I can usually make quick and firm decisions	[ _   _ ] 15
31 I remember once being so angry at someone that I wished he would die	[ _   _ ] 16
32 A lazy horse should feel the whip	[ _   _ ] 17
33 I don't worry anymore about what has happened in the past	[ _   _ ] 18
34 I can't think of a good reason why anyone should be beaten	[ _   _ ] 19
35 Nearly every week I meet someone I can't stand	[ _   _ ] 20
36 I do many things which I later regret	[ _   _ ] 21
37 I frequently have nausea or vomiting	[ _   _ ] 22
38 I frequently have constipation	[ _   _ ] 23
39 If someone does wrong to a friend of mine, I will join in the revenge	[ _   _ ] 24
40 I have sometimes been late for school or an appointment	[ _   _ ] 25
41 I must admit that I have been cruel to animals	[ _   _ ] 26
42 If I meet an old friend unexpectedly, I'm so happy that I want to throw my arms around him	[ _   _ ] 27
43 In stressful or threatening situations, I have the need to relieve my bowels or to urinate	[ _   _ ] 28
44 I sometimes feel low without really knowing why	[ _   _ ] 29
45 I usually fall asleep within a few minutes after going to bed	[ _   _ ] 30
46 It amuses me to point out other people's mistakes	[ _   _ ] 31
47 Now and again I also tell a lie	[ _   _ ] 32
48 I took an active part in the organization of a club or a group	[ _   _ ] 33
49 I often turn my eyes away to avoid meeting someone on the street	[ _   _ ] 34
50 I am rather lively	[ _   _ ] 35
51 I sometimes doubt whether people to whom I'm talking are interested in what I'm saying	[ _   _ ] 36
52 I sometimes have red spots on my neck or face	[ _   _ ] 37
53 If I get really angry, I am capable of slapping someone in the face	[ _   _ ] 38
54 If someone treats me badly, I don't get upset about it	[ _   _ ] 39
55 It is difficult for me to assert an opinion different from that of my acquaintances	[ _   _ ] 40
56 The mere possibility that I could have bad luck sometimes upsets me	[ _   _ ] 41
57 I don't like every person I know	[ _   _ ] 42
58 I don't know why, but sometimes I feel like smashing something to bits	[ _   _ ] 43
59 It sometimes calms me down to imagine at least that things go badly for nasty people	[ _   _ ] 44
60 My hands and feet are often restless	[ _   _ ] 45
61 I enjoy an evening indulging in one of my private hobbies more than in joining a cheerful party	[ _   _ ] 46
62 When I am out with others, I usually have better manners than I do at home	[ _   _ ] 47
63 I often let inadvertent comments slip out which I had better have kept to myself	[ _   _ ] 48
64 If I behaved improperly at a party, I can easily forget about it afterwards	[ _   _ ] 49
65 I have only a few close acquaintances	[ _   _ ] 50
66 At times I am so sensitive to light or noise that intensive light or noise hurts me physically	[ _   _ ] 51
67 After a party, I often feel like joining the others and annoying people somehow	[ _   _ ] 52

<b>Card number</b>	1-12 dupl [ _ _ ] 13-14
	<b>yes   no</b>
68 Considering all the misery in this world, a person can wish that he hadn't been born	[ _   _ ] 15
69 Whoever seriously insults me can count on getting a slap in his face	[ _   _ ] 16
70 When I am furious, I say impertinent things	[ _   _ ] 17
71 I would rather live in a lively large city than in a quiet village	[ _   _ ] 18
72 It's not in my nature to tell jokes and amusing stories	[ _   _ ] 19
73 I am often upset by everyday problems	[ _   _ ] 20
74 I easily get stage-fright and fidgety in the anticipation of certain events	[ _   _ ] 21
75 Unfortunately, I am one of those people who frequently flies into a rage	[ _   _ ] 22
76 I have difficulty speaking in front of or addressing a large group of people	[ _   _ ] 23
77 I am rather moody	[ _   _ ] 24
78 I get tired faster than most of the people around me	[ _   _ ] 25
79 I feel it in my whole body when I get very angry or excited about something	[ _   _ ] 26
80 I am frequently bothered by useless thoughts which keep running through my head	[ _   _ ] 27
81 My family and acquaintances can hardly understand me deep down inside	[ _   _ ] 28
82 My body actually needs more than eight hours sleep in order to really refresh itself	[ _   _ ] 29
83 There are so many things to be upset about!	[ _   _ ] 30
84 I am usually optimistic about the future	[ _   _ ] 31
85 I am sometimes grumpy and ill-humored	[ _   _ ] 32
86 I like to make fun of other people	[ _   _ ] 33
87 I almost always have a good answer ready to shoot back	[ _   _ ] 34
88 Even if something has strongly irritated me, I usually recover quickly afterwards	[ _   _ ] 35
89 I sometimes enjoy hurting people whom I love	[ _   _ ] 36
90 My blood boils when someone makes a fool of me	[ _   _ ] 37
91 I tend to be very conscientious	[ _   _ ] 38
92 I am frequently lost in thought	[ _   _ ] 39
93 Now and again, I am a bit malicious	[ _   _ ] 40
94 I often get upset at others too quickly	[ _   _ ] 41
95 I sometimes talk about things which I don't really know	[ _   _ ] 42
96 I am often worn out, tired and exhausted	[ _   _ ] 43
97 I like to chat with other people so much that I'll seize every opportunity to talk to a stranger	[ _   _ ] 44
98 My feelings are easily hurt	[ _   _ ] 45
99 While getting up in the morning, I am often in such a good mood that I whistle or sing	[ _   _ ] 46
100 I have trouble making decisions, even after a long time considering the alternatives	[ _   _ ] 47
101 I tend to raise my voice during arguments	[ _   _ ] 48
102 I get over disappointments quite easily	[ _   _ ] 49
103 I frequently bite my lips or finger nails	[ _   _ ] 50
104 I am happy the most when I am alone	[ _   _ ] 51
105 Sometimes I really long for excitement	[ _   _ ] 52